



## **Pregnancy Care at Birds of Paradise, Women's Health Clinic during COVID-19**

### **What do we do?**

Our private obstetricians, Dr Elizabeth Jackson and Dr Anusha Lazzari offer expert, personalised care, for you and your baby in pregnancy. We are trained in the expert management of all pregnancies, complicated and uncomplicated.

### **Can I come for antenatal care to see Dr Jackson or Dr Lazzari if I plan to deliver at a public hospital?**

Yes.

### **Who can attend?**

Anyone who is pregnant, regardless of where you intend to deliver. For Medicare rebate purposes, a referral is required.

### **Can Dr Jackson or Dr Lazzari deliver my baby at the Cairns Hospital?**

Unfortunately, no. Since July 2017, private obstetricians have not been permitted to deliver private patients at the Cairns Hospital. Dr Jackson and Dr Lazzari offer private delivery with the wonderful team at the Cairns Private Hospital.

### **How does it work if I am planning to deliver publicly but want to see a private obstetrician in my pregnancy?**

Out-of-hospital expenses, such as visits to your obstetrician are offset with Medicare. Medicare rebates vary depending on where you sit with your Medicare safety net. So when you see a private specialist in their rooms, if you are Medicare eligible, you will receive a percentage of your specialist fees back. During COVID-19, we have simplified our fees so there are only 2 out-of-pocket payments made for all patients in pregnancy. These are in our "Summary of Costs" page.

Private insurance covers you for hospital expenses only. For most pregnant women, this will be the delivery only.

### **Why choose us for your pregnancy care during COVID-19?**

With COVID-19 our clinic is actively prepared and we work hard with our team to minimise risk of transmission in pregnancy. As an obstetrician, if you have any needs arising in your pregnancy, we make active assessment and management plans immediately, minimising the number of health care providers required to provide your health care. We have waiting rooms that have active social-distancing as of 16/3/2020, clean all equipment between use and screen all patients prior to arrival to our clinic that day. We work with the Cairns Private Hospital Womens' Unit to provide up-to-date and safe maternity care.

### **Where can I have a baby in Cairns?**

You can deliver at 2 facilities in Cairns. The Cairns Hospital is a public hospital, available for free health care to Medicare eligible patients. The Cairns Private Hospital is a private hospital, where you can utilise your private insurance or self-fund to utilise the hospital services.

*As obstetricians, we firmly advise AGAINST home birthing due to COVID-19. Home birthing in Australia is associated with a significant risk of harm to you and your baby.*