Bladder Diary

Please complete over three days

BIRDS OF PARADISE
Women's Health Clinic

START DATE _ _ / _ _ / _ _ _ _

FULL NAME

DATE [DD/MM]	TIME [00:00]	MEASURED AMOUNT OF URINE [ML]	ANY LEAKAGE? [Y / N]	APPROX. LEAKAGE [ML]	TIME YOU WENT TO BED OR GOT UP? DRANK COFFEE OR SODA? ANY COMMENTS?

EXTRA PATIENT NOTES

Appointments ☎ + 61 (07) 4041 5081 🖷 + 61 (07) 4084 0596
Cairns Clinic The Plaza Nest • *Entrance on Aplin Street* • Ground Floor • Cairns Central Plaza • 58 McLeod Street • Cairns
Outreach Clinics Atherton • Innisfail • Mareeba • Tully
Website **www.birdsofparadise.clinic**